

Mountain Home School District April Nutrition Newsletter



What's Shakin in Dining?

Welcome to your monthly newsletter! When you visit your students' school, make sure to stop by the cafeteria and check out the new graphics!



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In this issue:

Discovery Kitchen

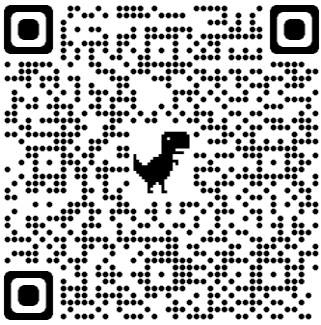
**Events to Look Forward to
this Month**

Global Eats

This Month in Discovery Kitchen

Did you know that wasted food is the single largest category of material placed in municipal landfills? Or that 40 percent of our food supply is wasted and that each of us throws away nearly 300 pounds of food each year? During April in the school cafeteria, students will be able to participate in a variety of Discovery Kitchen activities and experiences with our “Be A Waste Warrior” theme. Since April is Earth Month and April 29 is Stop Food Waste Day, we will be featuring foods and programs that highlight the many ways that students and the community can make a difference in reducing food waste, in addition to activities designed to help them consider resources and protecting the environment.

Scan the QR Code for the Discovery Kitchen At Home recipe of Roasted Carrot Ginger Hummus!



chartwells
Discovery
KITCHEN



